



INTENSIVE FRANCISCAN SUMMER COURSE

Gospel Days (Weekend Courses)

A deeper study of the
GOSPEL ACCORDING TO MARK
GOSPEL ACCORDING TO MATHEW
GOSPEL ACCORDING TO LUKE
GOSPEL ACCORDING TO JOHN

For RELIGIOUS AND LAY PEOPLE
LANGUAGE: ENGLISH

REGISTRATION

Registration for the courses is to be made at least a month prior to the commencement of the respective course. The application form can be downloaded from our website www.shanthisadhana.org & can be sent by regular post or via e-mail to salvadorefms@gmail.com / shanthisadhane93@gmail.com. Ensure your participation in the programme by paying the course fee by DD drawn in favour of Shanthi Sadhana (Trust) or by bank transfer before the course begins to following bank details.

Account Title : Shanthi Sadhana Trust
Account No : 0583053000003351
IFSC Code : SIBL0000583
Bank Name : South Indian Bank
Branch : Kengeri Satellite Town-Bengaluru

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SHANTHI SADHANA, Franciscan Institute of Spirituality, India, (FISI), run by Capuchin Fathers of Holy Trinity Province - Karnataka, functions as an unique centre of study and research to discover an extraordinary relationship with all the creation & creatures inspired by St. Francis of Assisi and learn how we ourselves might relate to nature and the world in a new way; how to relate to God's creation as members of God's family. In declaring St. Francis of Assisi the Patron saint of those who promote care for nature, the Church recommends St. Francis as a guide for animal and nature lovers, environmentalists and ecologists and shows us how to live in a way that respects and honours nature as God's Creation.



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SHANTHI SADHANA (FISI)

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Affiliated to Antonianum University - Rome



'Praise be to you,
My Lord'



Laudato si' O mi'
Signore

PROSPECTUS 2025-2026

COURSES OFFERED AT FISI

1. Diploma in Franciscan Spirituality: (June to March)

The course consists of three semesters, basically an in-depth study of Franciscan spirituality, with the Biblical-Christian, and Psycho-Spiritual integration. A Diploma in Spirituality is issued to those who complete the entire course with a comprehensive exam at the end of the course along with short scientific thesis.

2. Two Semester Certificate Course: (Six Months)

Consisting of Biblical and Christian Spirituality accentuated by Consecrated Life. A Certificate is issued to those who complete the course with comprehensive exam and a scientific thesis.

3. One Semester Course: (Three Months)

Any one of the Semesters could be taken for updating in Consecrated Life leading to a certificate of attendance.

4. Weekly courses:

Weekly courses also could be chosen as day scholars or with boarding and lodging.

5. FISI organizes individual and group-retreats:

For various groups such as Junior-Religious, Tertians, Jubilarians, Deacons, Catechists, Teachers, Social Workers, Seminars and Leadership Training Programs etc.

Program for Diploma Course In Spirituality 2025-2026

Arrival of Participants 14 th June 2025	Inauguration of Academic Year 16 th June 2025
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COURSE PACKAGE

INTRODUCTORY COURSES:

- * Orientation
- * Introduction to Schools of Spirituality
- * Introduction to Life and Spirit of St. Francis of Assisi
- * Introduction to Life and Spirit of Clare of Assisi
- * Introduction to the Writings of St. Francis of Assisi
- * Introduction to the Writings of St. Clare of Assisi
- * Introduction to Research Methodology

BIBLICAL SPIRITUALITY:

- * Spirituality of Pentateuch
- * Spirituality of Psalms
- * Discipleship & Johannine Spirituality
- * Pauline Spirituality
- * Prophetic Spirituality
- * Gospel Spirituality

FRANCISCAN SPIRITUALITY

- * Origin and History of Franciscan Order
- * Writings of St. Francis
- * Franciscan Hagiographical Writings
- * Clare of Assisi Mirror and Mystic
- * Mystical Theology of St. Bonaventure
- * Franciscan Mission in the Church
- * Rule and Spirituality of Third Order Regular
- * Fraternal Life
- * Spiritual Direction (Franciscan Perspective)
- * Integral Ecology
- * Franciscan Leadership
- * Christian Mysticism

THEOLOGY:

- * Christology
- * Eucharist
- * Mariology
- * Theology of Consecrated Life
- * Christian Mysticism
- * Liturgy
- * Spirituality of Meditation (Vipassana)
- * Ecclesiology
- * Pneumatology
- * Theology of Sin and Reconciliation
- * Theology of Prayer
- * Canonical Aspects of Religious Life
- * Inter-Religious Dialogue

PSYCHO-SPIRITUAL INTEGRATION:

- * Media and Communication
- * Stages of Personality Development
- * Psycho-Sexual Integration
- * Family Apostolate & Counselling
- * Inner Child Healing: A Journey of Integration.

MISCELLANEOUS

- * Liturgical Music
- * Spoken English
- * Co-curricular Formative Activities
- * Semestral Seminars

FIRST SEMESTER

MONTH	DATE	SUBJECT
June	16-20	Orientation
June	23-27	Life of St. Francis of Assisi
June - July	30-04	An Introduction to the Writings of St. Francis of Assisi
July	07-13	Inner Child Healing: A Journey of Integration
July	14-18	Growth in Religious vocation: A Biblical-Franciscan - Psychological Reflection
July	21-25	The Eucharistic Theology of St. Francis & Clare
July - Aug.	26-01	Life and Spirituality of St. Clare
August	04-08	Franciscan Hagiographical Writings
August	12-16	New Testament Spirituality: The Spirit of the Gospels
August	18-22	Franciscan Mission
August	25-29	An Introduction to the Writings of St. Clare
September	01-05	Eco Spirituality: A Franciscan Response to the Laudato Si & Laudate Deum
September	09-13	Social Dimension of Franciscan Vocation

SECOND SEMESTER

MONTH	DATE	SUBJECT
September	15-19	Franciscan Mysticism
September	22-26	Franciscan Prayer: The Breathing of love
October	06-10	Spirituality of Psalms
October	13-17	The Spirituality of the Canticle of Creatures of St. Francis of Assisi: 800th Anniversary special
October	20-24	Third Order Regular: Rule & Spirituality
October	27-31	Franciscan Christology: The embodiment of Kenosis
November	03-07	Origin and History of the Franciscan Order
November	10-14	Media and Communication: Exploring the Franciscan Way of Spreading the Good News
November	17-21	The Various Stages of Personality Development
November	24-29	An Introduction to the Various Schools of Spirituality: The Mendicants
December	01-05	"Pilgrims of Hope" Franciscan Dimension of Consecrated Life in the light of Lumen Gentium: Jubilee special
December	09-13	Franciscan Fraternity
December	15-19	Pastoral approach to Family Concealing

THIRD SEMESTER

MONTH	DATE	SUBJECT
January	05-09	The Word of God in Francis & Clare
January	12-16	Franciscan Leadership
January	19-23	St. Francis of Assisi: The Prophet of the New Age
Jan - Feb	27-6	Franciscan Spiritual Accompaniment: Theory and Practice
February	09-13	The Spirituality of the Holy Spirit in the Franciscan Tradition
February	16-20	Psycho-Sexual & Psycho-Spiritual Integration
February	23-27	Franciscan Ecclesiology
March	02-06	Franciscan Mariology: Through Mary to Jesus
March	09-13	Franciscan Perspective of Inter-Religious Dialogue
March	16-20	Spirituality of St. Paul
March	21-24	Preparation for comprehensive exams
March	25	Comprehensive exams
March	26	Convocation of DFS Course
March	27	Departure

2025-2026 SPECIAL

RETREAT "Pilgrims of Hope"

SEMINAR Canticle of Creatures (800th Anniversary)

Franciscan Spiritual Accompaniment: Theory & Practice

Spirituality of Meditation (Vipassana)

Monthly Recollections for Religious and Laity

ARRIVAL OF PARTICIPANTS

14th June 2025

INAUGURATION OF ACADEMIC YEAR

16th June 2025